*Children of Divorce: Helping Kids When Their Parents are Apart*(Web page content)

Chances are, you know a child whose parents are divorcing. If you're wondering, "How can I help?" you'll find plenty of suggestions in *Children of Divorce: Helping Kids When Their Parents are Apart.* This book blends information from expert psychologists with poignant interviews with the *real* experts—the children of divorcing parents. The results are sympathetic, insightful answers to the "how can I help" question.

One key takeaway for readers is that children's responses to divorce varies according to their age. Part Two of the book addresses this with separate sections for babies and toddlers, preschoolers, five-to-eight-year-olds, preteens, and teenagers. The book includes four brief read-aloud stories for young children. It also provides insights about:

* Explaining divorce to a child
* How parents and other adults, such as grandparents, church friends, and teachers, can help kids deal with divorce
* Why "anything that aids the parent ultimately benefits the child"

*Children of Divorce* takes a candid and compassionate look at the truth about divorce, how it forever changes the lives of those it touches. But it also shines a bright light on how caring adults outside the family can make a positive difference for both kids and their parents.